



**PARIVARTAN SANDESH  
FOUNDATION (PSF)**

# Annual Report



**2020/2021**









## FROM THE DIRECTOR'S DESK

It was yet another year filled with action and learning for PSF. The unprecedented challenges posed by the Covid-19 pandemic exacerbated the existing distresses of the underprivileged population.

With everyone confined to their locale areas, reaching out to beneficiaries was much more difficult. However, the PSF team, exhibiting immense courage, was not only able to establish outreach but also provided relief through psycho-social support and distribution drives during these hard times.

Our donors played a pivotal role in supporting us towards undertaking collective action to tackle the situation. In addition, the trust displayed by our individual donors in the approach and response of PSF is highly appreciated. As a result of this exposure, not only was the team able to enhance its skills but it was also able to translate such leanings into impact through its response on the field.

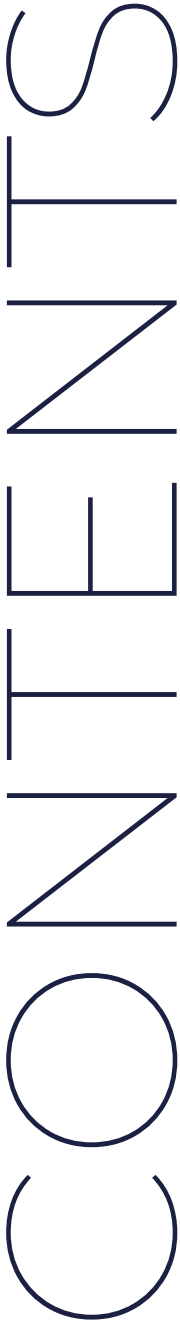
Needless to mention, this work would not have been possible without the support of PSF's board of trustees, management, well-wishers, supporters, frontline workers, and members.

**We present to you our annual report 2020-21.**

Mukesh Garg

Trustee PSF

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# INTRODUCTION

Parivartan Sandesh Foundation (PSF) is a Charity Organization registered under Section - 60 vide Regd No-1843/4/3693/96-112 in Delhi. Organization is working for the betterment and development of deprived and marginalized population through promoting various programs in India to ensure right to education, access to health services, empowering adolescents through vocational skills to have better livelihood chances & spreading awareness of social issues.

Education & schools

Health & survival

Vocational skills development

Other social causes

We believe that our objectives deserve to be the focus of our attention because these are the inter-related fields. Their easy access & awareness about their importance is only way to make a sustainable and impact full difference among the beneficiary population.



# Vision

PSF's vision is to help the poor, downtrodden and marginalized sections of the society to come together with their efforts and strength by working as a team to help build a better life for themselves.



# Goals

Our mission is to create a sustainable social impact in the lives of the urban poor. We work with the economically underprivileged and underserved communities in cities on their journey from dependence to self-reliance.





# PSF: For Support & Care

Parivartan Sandesh Foundation is a non-profit organization working in the fields of health, education and development. We are building a better future for all by providing medical services, making contributions to the educational system, promoting tribal welfare programs, conducting social developments and empowering women with trained guides. These three areas are the most in need and deserve the focus of our attention.

We believe that by working together, we can make a sustainable impact on beneficiary populations. The ultimate aim of our organization is to help those in need with full respect, love and commitment. We want to empower them to have a better living standard and a dignified life created by their own





The ultimate aim of our organization is to help and motivate those who have ambition to live life with dignity, respect, love and commitment, with a thought to not deliver charity but to empower them to have a better living standard and a dignified life created by their own.

The COVID-19 pandemic has presented an unprecedented situation across the world. As the organization and its target groups were severely impacted, we continue to tirelessly work towards the realization of our vision to achieve a helping & caring society that respects the Survival rights of poor and marginalized population.

**PSF BY  
NUMBERS  
FROM  
2011-2019**



## PSF NUMBERS FROM 2011-2019

# EDUCATIONAL PROJECTS

**Our Path to Progress:-** Approx 500 children from leprosy families get Pre-Primary Education in School running by Parivartan Sandesh Foundation at Anandgram, Tahirpur, Seemapuri Delhi-110093 by the name of St Teresa Missionary School.

**Project Duration:-** April 2012- March 2015 with monthly cost of 300/child and this project was run with individual donations of regular donors.



### **Swachh Jal Apne Haath, Swachh Bhojan Apne Saath:-**

Approx 150000 students from Govt and MCD schools located in slums get Tiffin Box and water bottle under project "Swachh Jal Apne Haath, Swachh Bhojan Apne Saath" to avoid use of news paper, plastic poly bags and consumption of unhygienic water of school tanks. Our utmost aim to implement this project is to provide resources to poor students to carry hygienic food and water to the school.



2020-2021

Project Duration: - April 2012 to 2016 and this project worked with individual donations only.



### **Our Path to Progress Part-2:-**

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Approx 200 children get pre-primary and coaching class upto 8th standard at PSF education center under project OUR PATH TO PROGRESS. Project is implemented at Yadvav Nagar Slum of Navi Mumbai to facilitate the children of Migrant families with association of Aarambh.

Project Duration:- April 2014 to March 2016 with monthly cost of 700/-child







### **Our Path to Progress Part-3:-**

Project launched in 2017 with objective to impart education to the children who are poor or from migrated families. Under this project, we are providing primary education and nutritious meal to 125 to 150 children every year Amrit Varsha school, Sector-6, Vasundhra.

Project still in force with cost of 300/student

# HEALTH & SURVIVAL PROJECTS



**Project Heart Energize:** - This was the first Project after establishment in 2011, under this project, PSF support Heart Surgeries of poor children came to Delhi from all over India for treatment of congenital heart defects. PSF helped the families by deposit the device charges for surgeries and about 80 children get benefit from Heart Energize Program during 2011-2018.



In 2016 Fortis Foundation approach PSF to refer critical cases to Fortis Foundation and PSF deposit discounted charges for about 12 children's surgery at Fortis Hospital, Gurugram during 2016-2018.



## **Fighting with Early Puberty: -**

PSF provided treatment for Central Precocious Puberty disorder to 5 girls. These girls required monthly basis treatments to control the growth of hormones up to the age of 14 or 15. Dose Quantity varied depending upon their condition. We also consider the request of parents who do not wants to disclose their daughter's details.

Project Started: - April 2012- 2017 and this project was run with individual donations. Cost of each beneficiary is approx 15000/- quarterly







### **Support to Cancer Surgery:**

Supporting monthly treatment of chemotherapy, radiation sittings & others of 5 children's suffering with Cancer with association of Mumbai based organization SUDHA.. PSF provide financial assistance for those families

Project Started: - April 2013 to March 2014,  
Support 5 children with Monthly cost of 10000/- of each beneficiary

### **Project Health for All: -**

This Mobile Dispensary project was started in April-2013 with support of QUEST DIAGNOSTICS, with objective that not any poor person, whether it is a child, a teenager, an adult woman or a man or an elderly should not suffer with easily preventable disease & infections.

Under this project a Mobile Dispensary unit was started to provide free primary health check-up with medicines. The concept was designed to reach residents of East Delhi slums on alternate days. This van was consisting of a MBBS Doctor, A Nurse to facilitate poor people with check-up & free medicines.

This project helped about 42000 people get benefit of this project during 2013-2017.



### **Health Rainbow: -**

In 2013-2015 PSF run this project to provide Vitamin-A & De-worming tablets to children at Delhi & NCR slums. This project was in association with Vitamin Angels, US based organization.

About 30000 children get benefit of this project.

## **Inderadhanaush Charitable Dispensary: -**

This project started with association of Inderadhanush Charitable Dispensary, Nyay Khand, Vaishali, U.P to facilitate the poor people for health services. Under this project PSF provide free of cost medicine to & OPD charges for poor children, Females & Senior Citizen. Project started in April-2017 and every week about 50 patients get benefit of this project

From April-2017 to March-2018, every Monday PSF organized camp at dispensary to provide Hepetitis-A vaccination and in a year about 1350-1400 people get benefit from this camp.



## **PSF Sakhi un paanch din ki:-**

This initiative was launched in 2018 with aim to support poor females through providing them free of cost Sanitary Napkins to prevent Urinary Tract Infections, Rashes in genitals, to ensure good reproductive health and to Minimize the due to use of unhygienic cloth & other materials during periods. Under project two distribution centers was opened to facilitates the beneficiaries one is at Okhla, Industrial Area, Delhi & another is at PSF office, Sector-61, Noida.

Project is still in-force & every month about 235 females collect free sanitary napkins







## VOCATIONAL SKILLS DEVELOPMENT PROJECTS

### “SAMARTH” Scholarship Program:-

This project implemented to support poor students for Professional career oriented courses & providing financial assistance to 5 girls for training of General Nurse Midwifery at various institutions.

Project Duration: - April 2012 to 2016, cost of 70000/-annually per beneficiary



**Spreading Dignity:-** Parivartan Sandesh Foundation also providing financial help to needy students who are taking vocational courses at Lal Bahadur Shastri Institute, Sangam Vihar, New Delhi During April-2013



to March-2015 about 50 children get computer education with financial support of PSF

This project cost 600/- monthly for each student.



### **Saksham Naari, Sashakat Samaaj:-**

To empower poor girls & ladies with tailoring skills at stitching learning centre to make poor girls and women self dependent & to give a chance to live with dignity. After training PSF provide sewing machine to deserving candidates to start work from home and help to get job in any garment export company which makes them capable to support their own family too. Every year about 200 girls get benefit with this project

Project Duration: - April-2013 to 2018 with monthly cost of 1000/-beneficiary

### **Spreading Dignity Part-II:-**

Approx 100 girls and boys get Communication Skills Development at PSF training centers under project PREADING DIGNITY located in slums or destitute areas with monthly stipend. To empower them with chances to get job in hindi call centers. Parivartan Sandesh Foundation also support deserving candidates for job placement after successful training about 100 candidates are successfully working at hindi call centers

Project Duration:- April 2014 to 2016 with monthly cost of 5000/-beneficiary



# SOCIAL CAMPAIGNS

## **Eat Healthy, Live Healthy:-**

Is one of the most important saying for healthier life. Under this campaign volunteers organize events at Schools, Markets, Shopping Malls and distribute pamphlet, to aware the children and youngsters about bad effects of “Junk Food Items” & good values of nutritious food.

Project Duration:- April 2012 to 2014 with monthly budget of 20000/-



## **Sanitation Campaign:-**

In 2014 under this campaign PSF build 3 toilets in the campus of Anand Gram Leprosy Colonies to prevent infections due to poor hygiene in leprosy colonies. Each bathroom cost about 35000/-

## **“Padne Dein aur Badne Dein”**

“CHILD IS THE FATHER OF MAN” the famous lines by William Wordworth. It symbolizes the need of children in building a healthy nation and society. With this in mind PSF launch this campaign and under this campaign volunteers organized various awareness events at posh residential societies, Branded Shopping Malls, Corporate companies to aquire maximum of high profile people to urge them to not take any services from children below the age of 14 & to inform the legal authorities if any children seems indulge in “CHILD LABOR” at their surroundings.

Project Duration:- April 2014 to 2016 with monthly budget of 20000/-



## My Daughter My Pride

We at PSF believe that Education for a girl child means making the next generation well educated, full of virtues, free from the useless superstitions, confident and capable to do something good for the family, for the society and for the country as a whole. For ensuring that our daughters receive the equal and fair treatment, we are making parents and people aware about various practices and behavior best suited for their daughters and how one can contribute towards the growth and survival of a girl child.

Project Duration:- April 2015 to 2018 with monthly budget of 20000/-

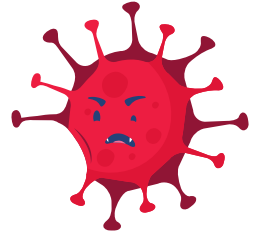






**(ACTIVITIES  
DURING  
COVID-19  
PANDEMIC  
2020-2021)**

# ACTIVITIES During Covid-19 Pandemic 2020-2021



## COVID- 19 RELIEFWORK

In the month of March, the lockdown was announced across the country to contain the spread of Coronavirus. The outbreak of COVID-19 was not merely a physical in nature- it brought with it a lot of fear and anxiety of the uncertain, distress resulting from the loss of livelihood, and the frustration of staying within the confines of one's house. For children and families connected with the street, constant reiteration about "staying inside" to stay safe had a difficult connotation. At such a time, team PSF exhibited immense commitment towards society following the motto that team PSF never backs down from a challenge, COVID times were no exception.

### **CAPACITY BUILDING OF THE TEAM**

Acknowledging that the support team was to be mentally, emotionally, and logistically prepared to handle the situation, various measures were taken on day-to-day basis, the project teams would discuss their anxieties, fears, and the situation on-ground which they got to know while working. Alongside discussing the problems, potential short-term immediate solutions were collectively devised by the team, through which all members got an opportunity to innovate and propose ideas for larger action.

Upon finding out the grim situation due to COVID outbreak in the communities, various relief measures were undertaken by our team with utmost care, courage, sincerity, and compassion to distribute ration, education and recreation material, sanitary napkins for girls, health and hygiene kits, mobile phone recharges and woolen clothes during winters. For the security of our team members, 367 PPE kits were distributed so that they can work on the field smoothly

With the closure of schools, the education of children suffered a lot. For a smooth continuation of the studies, beneficiaries were given 6254 stationery kits which contained notebooks, pencils, pens, coloring books, crayons, sketch pens, etc. It had also become important to take utmost care of our mental health.



We distributed 6254 play items to the beneficiary which included ludo, skipping ropes, balls for their recreational activities. Additionally, to maintain hygiene in their surroundings, 6350 health and hygiene kits included soap, toothpaste, toothbrush, sanitizers, and mask were distributed to beneficiaries.

To provide warmth in the extreme winters, 5000 people get Blankets with association of Hamdard & 1500 children get woollen clothes like jackets, body warmers, socks to protect themselves from the acute winters during shivering months of December and January.

Under Project PSF- Sakhi 3 Sanitary napkins distribution centers was opened at Delhi & NCR to facilitate poor girls & ladies with free sanitary napkins on monthly basis. About 7800 packets was delivered during 2020-2021. The girls were educated to practice safe and hygienic menses to eradicate the problems which occur by using cloth.

The technological up-gradation in the field of education is a breakthrough. Working closely with the street-connected children it was a major challenge to connect with them through online mode as many of them lack internet access. To impart education to children without any hindrance, 408 children's mobile phones were recharged.

Keeping in mind the need of the hour, various videos on COVID-19 awareness (including basic information about the virus, its spread, and keeping safe) were prepared and shared with community members and children. The material for children was prepared keeping in mind their ability to absorb the information- thereby using child-friendly depiction of the virus.

During the lockdown, immediate needs of the people who lost their job & facing financial crisis were catered through distribution of dry ration kits, hygiene kits (comprising masks, toothbrushes, toothpaste, nail cutters), and stationery kits at Delhi & NCR. All distribution drives took place with the support of local public-serving authorities, ensuring compliance of COVID safety protocol.





# AUDITS & ACCOUNTS





**FORM NO. 10B**

[See Rule 17B]

**Audit Report under section 12A (b) of the Income-tax Act, 1961 in the case of  
charitable or religious trusts or institutions**

I have examined the balance sheet of PARIVARTAN SANDESH FOUNDATION AABTP9011F [name and PAN of the trust or institution] as at 31/03/2021 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust or institution

I have obtained all the information and explanations which to the best of my knowledge and belief were necessary for the purposes of the audit. In my opinion, proper books of account have been kept by the head office and the branches of the above-named trust visited by me so far as appears from my examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by me subject to the comments given below:

In my opinion and to the best of my information, and according to information given to me the said accounts give a true and fair view: -

- i. in the case of the balance sheet of the state of affairs of the above-named trust as at 31/03/2021
- ii. in the case of the profit and loss account, of the profit or loss of its accounting year ending on 31/03/2021

The prescribed particulars are annexed hereto.

For KUMAR CHANDAN & ASSOCIATES  
Chartered Accountants

(KUMAR CHANDAN)  
PARTNER

Membership No: 512866  
Registration No: 0025164N

Place :NEW DELHI  
Date : 31/12/2021  
UDIN : 22512866AAAAAT7845

For Parivartan Sandesh Foundation

M. Gaur  
Trustees



**ANNEXURE  
STATEMENT OF PARTICULARS**

*Application of income for charitable or religious purposes.*

1.	Amount of income of the previous year applied to charitable or religious purposes in India during that year.	<b>2916460</b>
2.	Whether the trust has exercised the option under clause (2) of the Explanation to section 11 (1)? If so, the details of the amount of income deemed to have been applied to charitable or religious purposes in India during the previous year.	<b>No</b>
3.	Amount of income Accumulated or set apart for application to charitable or religious purposes, to the extent it does not exceed 15 per cent of the income derived from property held under trust Wholly for such purposes.	<b>195510</b>
4.	Amount of income eligible for exemption under section 11(1)(c) [Give details]	<b>No</b>
5.	Amount of income, in addition to the amount referred to in item 3 above, accumulated or set apart for specified purposes under section 11(2)	<b>0</b>
6.	Whether the amount of income of mentioned in item 5 above has been invested or deposited in the manner laid down in section 11(2)(b)? If so, the details thereof.	<b>NA</b>
7.	Whether any part of the income in respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to be income of the previous year under section 11(B)? If so, the details thereof.	<b>NA</b>
8.	Whether, during the previous year, any part of income accumulated or set apart for specified purposes under section 11(2) in any earlier year :-	
a.	has been applied for purposes other than charitable or religious purposes or has ceased to be accumulated or set apart for application thereto, or	<b>No</b>
b.	has ceased to remain invested in any security referred to in section 11(2)(b)(i) or deposited in any account referred to in section 11(2)(b)(ii) or section 11(2) (b) (iii), or	<b>No</b>
c.	has not been utilised for purpose for which it was accumulated or set apart during the period for which it was to be accumulated or set apart, or in the year immediately following the expiry thereof? If so, the details thereof	<b>No</b>

**II. Application or use of income or property for the benefit of persons referred to in section 13 [3].**

1.	Whether any part of the income or property of the trust was lent, or continues to be lent, in the previous year to any person referred to in section 13(3) (hereinafter referred to in this Annexure as such person) ? If so, give details of the amount, rate of interest charged and the nature of security, if any.	<b>NO</b>
2.	Whether any land, building or other property of the trust was made, or continued to be made, available for the use of any such person during the previous year? If so, give details of the property and the amount of rent or compensation charged, if any.	<b>NO</b>
3.	Whether any payment was made to any such person during the previous year by way of salary allowance or otherwise? If so, give details.	<b>NO</b> Trustees





4.	Whether the services of the trust were made available to any such person during the previous year? If so, give details thereof together with remuneration or compensation received, if any.	NO
5.	Whether any share, security, or other property was purchased by or on behalf of the trust during the previous year from any such person? If so, give details thereof together with the consideration paid.	NO
6.	Whether any share, security, or other property was sold by or on behalf of the trust during the previous year to any such person? If so, the details thereof together with the consideration received.	NO
7.	Whether any income or property of the trust was diverted during the previous year in favour of any such person? If so, give details thereof together with the amount of income or value of property so diverted.	NO
8.	Whether the income or property of the trust was used or applied during the previous year for the benefit of any such person in any other manner? If so, give details.	NO

**III. Investment held at any time during the previous year(s) in concerns in which persons referred to in section 13(3) have a substantial interest.**

Sl.No	Name and address of the concern	Where the concern is a company No. and class of shares held	Nominal value of the investment	Income from the investment	Whether the amount in Col. 4 exceeded 5% of the capital of the concern during the previous year-say. Yes/No

For Parivartan Bendesh Foundation

M. Gaur Trustees

For KUMAR CHANDAN & ASSOCIATES  
Chartered Accountants

(KUMAR CHANDAN)

PARTNER

Membership No: 512886

Registration No: 0025164N

Place :NEW DELHI

Date : 31/12/2021

UDIN : 22512866AAAAAT7845



**PARIVARTAN SANDESH FOUNDATION**  
WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059  
**BALANCE SHEET AS ON 31ST MARCH, 2021**

LIABILITIES	Schedules	AMOUNT	ASSETS	Schedules	AMOUNT
RESERVE & SURPLUS	A	19,90,190.62	FIXED ASSETS	D	14,10,054.75
LOANS LIABILITIES	B	7,93,181.20	LOANS & ADVANCES	E	2,49,980.00
CURRENT LIABILITIES & PROVISIONS	C	3,58,665.00	CASH & BANK BALANCES	E	14,82,002.07
		<b>31,42,036.82</b>			<b>31,42,036.82</b>

FOR KUMAR CHANDAN & ASSOCIATES  
Chartered Accountants

KUMAR CHANDAN  
ICAI M. NO- 512868

NEW DELHI- 31/12/2021



For Parivartan Sandesh Foundation

For Parivartan Sandesh Foundation

M. Gaur  
Trustees

**PARIVARTAN SANDESH FOUNDATION**  
WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059  
**RECEIPTS & PAYMENTS ACCOUNT FOR THE PERIOD ENDED ON 31ST MARCH, 2021**

RECEIPTS	AMOUNT	PAYMENTS	AMOUNT
<b>OPENING CASH &amp; BANK BALANCES</b>		<b>Loans(Liability)</b>	
CASH IN HAND	10,54,774.58	Secured loan repayment	1,64,979.20
BANK BALANCES	2,31,717.67	<b>Operational Payments</b>	
<b>Operational Receipts</b>		Awareness	-
Donation Received	31,11,785.79	Donation to Others	-
<b>Indirect Income</b>		Educational	7,49,109.00
Bank Interest	184.00	Medical Relief	8,56,780.00
		Sanitation	1,16,990.00
		<b>Administrative Expenses</b>	
		Salary	9,30,692.00
		Bank Charges/ Interest	75,749.60
		Telephone Expense	12,452.17
		Electricity Expenses	-
		Other Office Expenses	9,708.00
			<b>29,16,459.97</b>
		<b>Expenses On Investing Activities</b>	
		Assets Addition	-
		<b>CLOSING CASH &amp; BANK BALANCES</b>	
		CASH IN HAND	11,53,454.58
		BANK BALANCES	3,28,547.49
	<b>43,98,462.04</b>		<b>43,98,462.04</b>

FOR KUMAR CHANDAN & ASSOCIATES  
Chartered Accountants

KUMAR CHANDAN  
ICAI M. NO- 512866

NEW DELHI- 31/12/2021



For Parivartan Sandesh Foundation

For Parivartan Sandesh Foundation

M. Garg  
Trustees

**PARIVARTAN SANDESH FOUNDATION**  
WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059  
**INCOME & EXPENDITURE ACCOUNT FOR THE PERIOD ENDED ON 31ST MARCH, 2021**

EXPENSES	Schedule	AMOUNT	INCOME	Schedule	AMOUNT
Awareness Expense	N	-	Income From Donation	F	3,111,785.79
Donation to Others	O	-	Income from other sources	G	184.00
Educational Expenses	J	749,109.00			
Medical Relief Expense	K	856,780.00			
Sanitation Programme	M	116,990.00			
Food Programme	L	-			
Other Administration Expenses	P	1,205,072.33			
Excess of Income Over Expenditure		184,018.46			
		<b>3,111,969.79</b>			<b>3,111,969.79</b>

FOR KUMAR CHANDAN & ASSOCIATES  
Chartered Accountants

KUMAR CHANDAN  
ICAI M. NO- 512866

NEW DELHI- 31/12/2021



For Parivartan Sandesh Foundation

For Parivartan Sandesh Foundation

M. Gadh Trustees



**PARIVARTAN SANDESH FOUNDATION**

WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059

**Schedules forming part of the Accounts**

**As at 31-03-2021**

**Schedule A**

**Reserves & Surplus**

Reserve Fund

As per last Account

1,806,172.16

Add: Excess of Income over Expenditure

184,018.46

Less: Trf to Reserve Fund - Subscription

-

**1,990,190.62**

**Schedule B**

**LOANS LIABILITIES**

Secured Loans

793,181.20

**Schedule C**

**Current Liabilities & Provisions**

DUTIES & TAXES

358,665.00

SUNDRY CREDITORS

OTHER CREDITORS

AUDIT FEE PAYABLE

SALARY PAYABLE

-

-

**358,665.00**

**Schedule E**

**Current Assets, Loans & Advances**

CASH IN HAND

1,153,454.58

BANK BALANCES

328,547.49

**1,482,002.07**

**Loan & Advances**

Loans & Advances

249,980.00

**249,980.00**

For Parivartan Sandesh Foundation

*M. Gant*  
Trustees



**PARIVARTAN SANDESH FOUNDATION**

WZ-99, Om Vihar, Uttam Nagar, New Delhi- 110059

<b>Schedule F</b>		
<b>Income From Donations</b>		
Others		3,111,785.79
		<b>3,111,785.79</b>
<b>Schedule I</b>		
<b>Income from other sources</b>		
Bank Interest		184.00
		<b>184.00</b>
<b>Schedule J</b>		
<b>Educational Expenses</b>		
		749,109.00
		<b>749,109.00</b>
<b>Schedule K</b>		
<b>Medical Relief Expense</b>		
		856,780.00
		<b>856,780.00</b>
<b>Schedule L</b>		
<b>Food Programme</b>		
		-
		-
<b>Schedule M</b>		
<b>Sanitization Programme</b>		
		116,990.00
		<b>116,990.00</b>
<b>Schedule N</b>		
<b>Awareness Expense</b>		
		-
		-
<b>Schedule O</b>		
<b>Donation to Others</b>		
		-
		-
<b>Schedule P</b>		
<b>Other Administration Expenses</b>		
Rent		-
Salary		930,692.00
Bank Charges		13,522.80
Depreciation		123,270.56
Telephone Expense		12,452.17
Electricity Expenses		-
Collection Charges		-
Audit Fees		50,000.00
Interest Paid		65,426.80
Loss on sale of asset		-
Other Office Expenses		9,708.00
		<b>1,205,072.33</b>

For Parivartan Sandesh Foundation  
*M. Garg* Trustees



PARIVARTAN SANDESH FOUNDATION

WZ-99, Om Vihar, Uttam Nagar, New Delhi - 110052

**Schedule Q**

**SIGNIFICANT ACCOUNTING POLICIES & NOTES TO ACCOUNTS**

**A. SIGNIFICANT ACCOUNTING POLICIES**

**1. Basis of Preparation of Accounts.**

Accounts are prepared on historical cost convention & under accrual Basis of accounting unless otherwise stated.

**2. Revenue Recognition**

1. Subscription is net of rebate allowed on timely payment and is recognized on receipt.

2. Interest on Investment is recognized on accrual basis.

**3. Fixed Assets**

1. Fixed Assets are stated at cost of acquisition inclusive of inward freight, duties and Taxes and incidental and direct expenses related to acquisition.

2. Fixed Assets, including Library Books received by way of non-monetary grants are capitalized at values stated, by corresponding credit to Reserve fund of foundation.

3. Grants Utilized in acquisition of specific assets are adjusted against the cost of the assets.

**4. Investments**

Investments are carried at cost.

**5. Donations**

1. Donations are accounted when Expenditures there against is incurred & realization is certain.

2. Donations utilized in procurement of Fixed Assets are shown as deduction from the cost of related assets.

**6. Salaries, Allowances & Retirement Benefits**

1. Salaries & Allowances are accounted on payment basis.

2. Gratuity is recorded on actual payment basis. No Provision for gratuity has been provided in the books of accounts.

3. Leave Encashment is accounted for on payment basis.

**B. NOTES TO ACCOUNTS**

1. Sundry Debtors are subject to confirmation.

2. Fixed Assets Register is compiled and updated. Depreciation on Fixed Assets purchased has been provided in the Books of Accounts.

3. No Provision for Income Tax is considered necessary as the Foundation is registered as a Non Profit organization Under Income tax Act 1961.

4. Schedules From A to Q form an integral part of accounts.

**FOR KUMAR CHANDAN & ASSOCIATES**

Chartered Accountants

KUMAR CHANDAN

ICAI M. NO- 512866

NEW DELHI.



For Parivartan Sandesh  
Foundation

For Parivartan Sandesh Foundation

M. Garg  
Trustees



# INDIAN INCOME TAX RETURN ACKNOWLEDGEMENT

[Where the data of the Return of Income in Form ITR-1 (SAHAJ), ITR-2, ITR-3, ITR-4(SUGAM), ITR-5, ITR-6, ITR-7 filed and verified]  
(Please see Rule 12 of the Income-tax Rules, 1962)

Assessment Year  
2021-22

PAN	AABTP9011F		
Name	PARIVARTAN SANDESH FOUNDATION		
Address	WZ-99 , OM VIHAR, UTTAM NAGAR , NEW DELHI , 09-Delhi , 110059		
Status	AOP/BOI	Form Number	ITR-7
Filed u/s	139(1) - Return filed on or before due date	e-Filing Acknowledgement Number	971148020250122

Taxable Income and Tax details	Current Year business loss, if any	1	0
	Total Income		0
	Book Profit under MAT, where applicable	2	0
	Adjusted Total Income under AMT, where applicable	3	0
	Net tax payable	4	0
	Interest and Fee Payable	5	0
	Total tax, interest and Fee payable	6	0
	Taxes Paid	7	0
(+)Tax Payable /(-)Refundable (6-7)	8	0	
Distribution Tax details	Dividend Tax Payable	9	0
	Interest Payable	10	0
	Total Dividend tax and interest payable	11	0
	Taxes Paid	12	0
	(+)Tax Payable /(-)Refundable (11-12)	13	0
Accreted Income & Tax Detail	Accreted Income as per section 115TD	14	0
	Additional Tax payable u/s 115TD	15	0
	Interest payable u/s 115TE	16	0
	Additional Tax and interest payable	17	0
	Tax and interest paid	18	0
	(+)Tax Payable /(-)Refundable (17-18)	19	0

Income Tax Return submitted electronically on 25-01-2022 13:10:48 from IP address 10.1.82.121 and verified by MUKESH GARG having PAN ARNPG0160B on 25-01-2022 13:10:47 using Paper ITR-verification form generated through mode

System Generated

For Parivartan Sandesh Foundation

Barcode/QR Code

*M. Garg*  
Trustees



AABTP9011F07971148020250122BA1659C5DCAD5DB78C499D86DC2A562B89518BA7

**DO NOT SEND THIS ACKNOWLEDGEMENT TO CPC, BENGALURU**

Name of Assessee	PARIVARTAN SANDESH FOUNDATION		
Address	WZ-99,OM VIHAR, UTTAM NAGAR,NEW DELHI,DELHI,110059		
Status	AOP Trust	Assessment Year	2021-2022
Ward	ITO WARD 31(1)	Year Ended	31.3.2021
PAN	AABTP9011F	Formation Date	17/02/2011
Residential Status	Resident		
A.O. Code	DEL-W-061-01		
Filing Status	Original		
Last Year Return Filed On	08/12/2020	Serial No.:	793525021081220
Bank Name	Axis Bank, Vaishali, Ghaziabad ,MICR:110211061, A/C NO:911020014502012 ,Type: Saving ,IFSC: UTIB0000715		
Tele:	(011)41102397 Mob:9810667332		
Registration no :	DEL-PR22318- 03092012		
Registration Date :	03/09/2012		
Sub Status :	Association of persons (Trust) ,Claiming Exemption Under Section 11		

**Computation of Total Income**

Income from Other Sources (Chapter IV F) 0

Aggregate of income u/s 11,12 and 10(23C)(iv),(v),(vi) and (via) excluding Voluntary contribution 3111970

Less: Application of Income

Amount applied to charitable purposes in india during the previous year - Revenue Account	2751481	
Amount applied to charitable purposes in India during the previous year - Capital Account (Repayment of Loan)	164979	
		2916460
Income Exempt u/s 11(1)(a)		
Income Accumulated or Set Apart Upto 15% (of Voluntary Contributions other than corpus and Aggregate of income referred to in sections 11 and 12 )		195510
		<u>-3111970</u>

**Gross Total Income** 0

**Total Income** 0

Round off u/s 288 A 0

Adjusted total income (ATI) is not more than Rs. 20 lakh hence AMT not applicable.

Tax Due 0

Tax Payable 0

Due Date for filing of Return October 31, 2021

Due date extended to 15/03/2022 Circular No. 01/2022 in F.No:225/49/2021/ITA-II Dt 11-Jan-2022

For Parivartan Sandesh Foundation  
Trustees

Aggregate of income u/s 11,12 and 10(23C) derived during the previous year 3111970  
Receipts from main objects

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**Total**

**3111970**

**Details of Members of AOP**

**S. No. Name of Member**

1 Mukesh Garg  
2 Sanjana Arora

**PAN**

ARNPG0160B  
AWMPA1488L

Signature

(MUKESH GARG)

For PARIVARTAN SANDESH  
FOUNDATION

Date-25.02.2022

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CompuTax : 83 [PARIVARTAN SANDESH FOUNDATION]

For Parivartan Sandesh Foundation

M. Garg  
Trustees





# Anna Patra

## A Feeding Vessel

In January-2016 during a Medical Camp organized by Parivartan Sandesh Foundation at Nandnagri, East Delhi Slum, a member from our project team saw a boy who was about 7 years old, looking with greediness to a stray dog. The dog was searching the eatable from a garbage house. Suddenly the boy ran over and just flashed on the dog. After few seconds we realized that the boy was waiting while sitting, when the dog finds food, then he will snatch it from the dog to eat that.

This heart breaking experience made us realize that the need for education and medical services is only after the consumption of healthy food. Not any doctor can improve the health of those who do not have the food to fill the stomach.



This incident inspires us to start project "ANNA PATRA- A Feeding Vessel" based on a single vision that "No poor in India should be deprived of good health because of hunger". Under this project PSF will serve nutritious mid-day meal to poor people. 4 Food stalls started to distribute mid-day meal at:-

- 1.Saket, Delhi
- 2.Amrit Varsha Sachool, Vasundhara
- 3.Faridabad Sabzi Mandi
- 4.Ballabhgarh, Bus Stand



From April-2016 to Dec-2019 every month about 5000 people get benefit of this project with cost of Rs 8/- per meal  
Due to covid-19 this project is temporarily on hold







## WORLD WILD FEDERATION

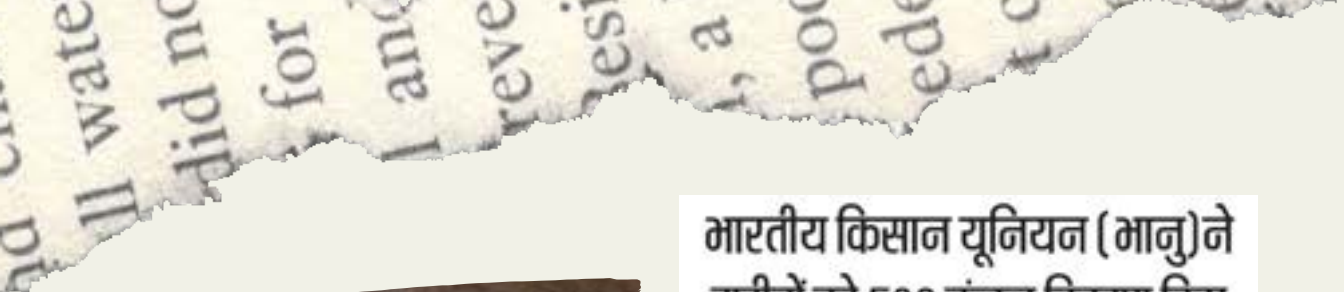
Need of humanity is not restricted to Humans only but also many animals who are living with us in this world are looking for help from us. PSF registered a project WORLD WIDE FEDERATION (WWF) to help stray animals and launch initiatives like:-

- To tie reflecting neck collars to stray dogs and cattle so that drivers can recognize their presence on roads from a convenient gape to prevent the accidents. This will also decrease the mortality rate of stray animals due to accidents. Our volunteers tie reflecting collars to 1500 stray dogs & 200 Cattle.
- Initiative is to vaccinate the stray animals with Anti Rabies Vaccination so that they can leave in residential areas, and residents can feed or care for them without any fear.
- Over 300 dogs were sterilized so far at different residential areas or residential societies at Delhi & NCR. These achievements and many more were only possible with the support of our honorable donors, without whom nothing could be done to help these animals in need.
- Initiative to help survival during Covid Pandemic WWF Team members was took care of 325 dogs living nearby their homes and daily provides them Food & Milk and needed medication (if required).









# भारतीय किसान यूनियन (भाजु)ने गरीबों को 500 कंबल वितरण किए



भारतीय किसान यूनियन (भाजु) ने गरीबों को 500 कंबल वितरण किए।

RNI NO.U/PHIN/2014/58266

## निराश्रितों को दिया कंबल



स, टीएचए: अमृत वर्षा एनजीओ ने स्वंगंधर को वसुंधरा सेक्टर-6 में कंबल वितरण कार्यक्रम का आयोजन किया। 100 निराश्रितों व जरूरतमंदों को कंबल दिया गया। इसमें हमदर्द फाउंडेशन व परिवर्तन संदेश फाउंडेशन का भी सहयोग मिला। इस दौरान मुख्य रूप से, शिवराज, सोनिया, राज पांडेय, रवि त्रिपाठी आदि मौजूद रहे।

## जरूरतमंदों को कंबल किए गए वितरित

संवाद सहयोगी, साहिबाबाद: सामाजिक संस्था अमृत वर्षा, हमदर्द फाउंडेशन और परिवर्तन संदेश फाउंडेशन की ओर से वसुंधरा सेक्टर छह में जरूरतमंद लोगों को कंबल वितरित किए गए। ठंड में कंबल पाकर लोगों के चेहरे खिल गए। संस्थाओं के लोगों ने जरूरतमंदों की हर संभव मदद करने की अपील भी की। इस मौके पर मुजुन श्रीवास्तव, रवि त्रिपाठी, राज पांडेय आदि मौजूद रहे।

## देश में शांति के लिए किया रुद्राभिषेक

### जरूरतमंदों के बीच बांटे कंबल

साहिबाबाद: जैन मिल्न साहिबाबाद, साहिब जैन मिल्न और युवा जैन मिल्न की ओर से जैन मंदिर स्थान पर साहिबाबाद में जरूरतमंदों के बीच कंबल वितरित किया गया। बहली सर्टी को देखते हुए जैन मिल्न साहिबाबाद एवं दिगंबर जैन मंदिर साहिबाबाद को सम्मानित मेमबरी ने जरूरतमंदों की सहायता के उद्देश्य से कंबलों का वितरण किया। यहाँ दूसरी ओर अमृत वर्षा एनजीओ द्वारा कंबल वितरित किए गए। वसुंधरा के सख्त ही एनजीओ ने मोहरा के मॉलिन बसिनियों में जाकर जरूरतमंदों के बीच कंबल वितरित किया। कंबल वितरण कार्यक्रम में हमदर्द फाउंडेशन और परिवर्तन संदेश फाउंडेशन का विशेष सहयोग रहा। इस मौके पर रवि त्रिपाठी, मुजुन श्रीवास्तव, सोनिया आदि मौजूद रहे। यहाँ जैन समाज द्वारा कंबल वितरण मौके पर जैन मिल्न से प्रदीप जैन, संजीव जैन, सुरेश्वर ए के जैन, आरडी जैन अग्रवाल दिगंबर जैन मंदिर, ऋतु जैन, अमन जैन आदि मौजूद रहे। धारा

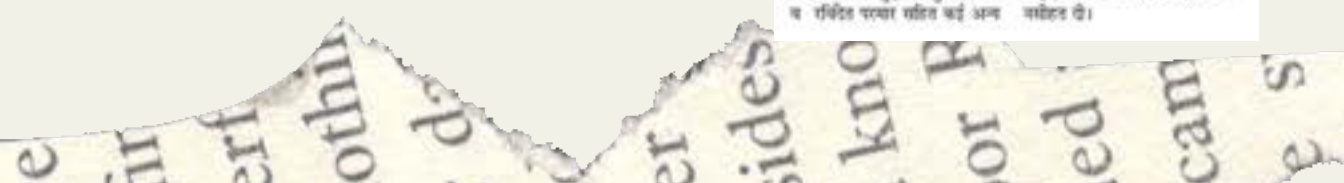
दिल्ली, बृहस्पतिवार, 7 जनवरी, 2021 **3**

## कडाके की ठंड से जरूरतमंद लोगों को राहत प्रदान करने हेतु बांटे कंबल

संवाद सहयोगी अमृत वर्षा, हमदर्द फाउंडेशन और परिवर्तन संदेश फाउंडेशन की ओर से वसुंधरा सेक्टर छह में जरूरतमंद लोगों को कंबल वितरित किए गए।



भारतीय किसान यूनियन (भाजु) ने गरीबों को 500 कंबल वितरण किए।









## **PARIVARTAN SANDESH FOUNDATION (PSF)**

C-26, Sector-61, Noida-201301, Ph:- 01204273060